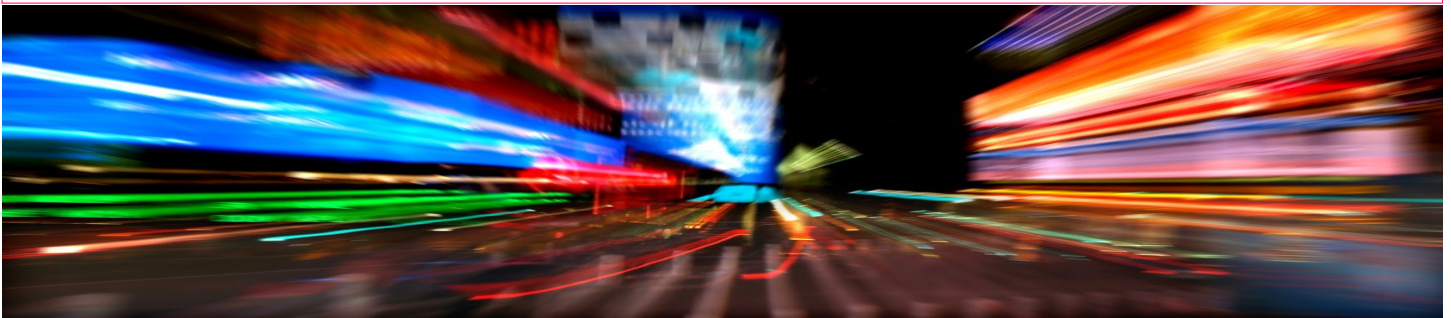


Inspire Fall 2009

Champion, and Celebrate the talents within each of us



American Association for Women in Community Colleges ~ Oregon Chapter



Who Turned Up the Speed?

President's message by Carol Shaafsma

Ever notice how beginning on September 1, regardless of the year or the day of week, the speed of the world seems to get faster? If you have worked in education for any time at all, you know the excitement of September. In a few short weeks our campuses will be filled with excited students who have goals and dreams about new beginnings. I like to look at September as a chance to consider my own "new beginnings" for myself. What do I want to learn this year? What experiences do I hope to have? What do I want to contribute to my institution and our students? Each year is different, and I want to take advantage of all the opportunity it has to offer.

One of the ways I start every school year is to register for the AAWCC fall conference. I know I will learn, have fun, and get inspired with fabulous women doing fabulous work in community colleges across the state. This year's conference is in November 19 and 20 in Portland. The theme is "Maintain our Vision; Sustaining Our Spirit". Our keynote speakers will bring their personal and professional stories to share. Many talented women from community colleges across the state (maybe you?) will share their expertise in breakout sessions and workshops. I always come away from the conference with new ideas, new goals, and renewed energy. I hope you will join in the activities this year! You can find more information on our website:

www.aawccoregon.org

The state AAWCC chapter has had a busy year this past year. Our mission is to inspire, champion, and celebrate the talents within each of us. Our summer conference in Hood River, planned by Mary Kramer, was well attended and helped participants find balance in life. We have revamped our website, thanks to the inspiring talents of Karen Sorensen. We celebrate you Karen! The website now includes more historical information and records, thanks to the joint efforts of Jan Woodcock and Rebecca Washington. Thanks to the hard work of Victoria Flagg and Karen Sorensen, we've added the capacity to use credit cards when paying for conference registrations. Oregon Institute for Leadership Development was a huge success this summer. Julie Huckestein and Jan Woodcock corralled the expertise of many women to provide a rich learning experience for 22 women. And of course, the fall conference takes a great deal of planning and organization. Holly Nelson has led all of us through a fun and well-organized planning process in an effort to make sure all of you have a great conference. The women on the board are fun, dedicated, versatile, and incredibly creative. We are always looking for people to help, so let us know if you want to serve.

So yes, it is September. We may need our seat belts as the speed of life increases. I hope you will take time to join women from across the state in celebrating our collective success and that you will gain inspiration from each other. See you in November in Portland!

2009 Fall Conference
Maintaining our Vision
Sustaining our Spirit



Registration will be available on September 15, 2009.

Conference Dates:

November 19th & 20th, 2009

Location:

Sheraton Portland Airport Hotel

Cost:

Early Registration: \$175 before October 16, 2009

\$200 after October 16, 2009

Scholarships are available for individuals wishing to attend an Oregon AAWCC sponsored event. These funds are made available through our fundraising events. For more information, check out our website at www.aawccoregon.org



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2009 OILD CHANGE ON PURPOSE BY CHERI McLAUGHLIN

“Are you putting things off till certain conditions are in place?”

So asked Lane Community College president Mary Spilde at this summer’s Oregon Institute for Leadership Development. “Are you leading a conditional life?”

I was among many of us who had to answer yes. I set an intention as I listened to the exhortations of our speakers: I would respond to this OILD conference by admitting that everything is already in place for me to step out of a conditional life and into personal and professional growth. Which is why—when everyone had left Smith Creek Meeting Hall except for me and our talented conference facilitators Jan Woodcock and Julie Huckestein, and they realized they hadn’t assigned the task of writing up our four-day gathering—I volunteered.

Volunteering to represent the experience of 21 women attendees and to summarize the collective wisdom of 15 women presenters from community colleges around Oregon turned out to be a “foreign element” in my status quo—part of the call to adventure that Linda Reisser, dean of student services for PCC Cascade, predicted when she explained to us participants Virginia Satir’s Change Model. Thank goodness the Model also forecasted that, after feeling the resistance and chaos that generally follow doing something new, I would come upon a transforming idea. I hoped it would be an idea for writing this article.

For the most part, however, I will let the participants describe the experience in their own words.

☑ *I’ve made new friends.*

☑ *I had an extremely enlightening and really just a downright fun time with everyone.*

☑ *What a perfect group of women!*

☑ *It was great getting to know everybody.*



hall
laughing
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Such comments sum up the experience of eating together in the rustic dining (delicious, varied, and even vegetarian meals)...hiking the scenic Silver Falls... ourselves onto the floor playing late-night word games...musing on the stir-change we felt while hanging out together in the homey bunkhouses. And this all reflects just the *social* aspect.

The transformative content of the inspiring presenters this article can merely hint at. Mildred Bullpit and Jane Merritt, AAWCC Oregon founders, told us stories of the organization’s early days...Linda Gerber (president, PCC Sylvania) got us thinking about whether we really change...Julie Huckestein (CAO Chemeketa CC) urged us to lead from where we are...Laura Massey (PCC) gave us an insider’s view of Institutional Effectiveness (data analysis, anyone?)...Cam Preus (Commissioner, Dept. of CC & Workforce Development) opened a window on the state side of Oregon’s community colleges...Mary Spilde (OILD Director) broadened the view to a national level...Claire Oliveros (PCC Sylvania) put community college efforts into a multicultural context...Carol Schaafsma (Exec. VP Academic Affairs & Workforce Dev. Linn-Benton CC) taught us how to see possibilities through reframing actions or situations...and our Presidential Panel (Patty Scott, Southwestern Oregon CC; Joanne Truesdell, Clackamas CC; and Linda Gerber, PCC Sylvania) told us real-life tales of the opportunities and pitfalls in the highest leadership positions on our campuses.



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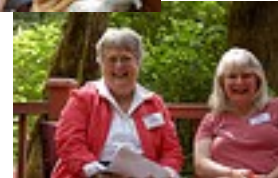
“From the first day, each presentation built upon each other, strengthening the message,” one attendee said, summing up the impact of the diverse presentations given by women leaders in Oregon’s community colleges. “Each tool given was honed and sharpened completely. My toolbox is filled with maps and examples to success. The OILD experience went well beyond my expectations. I have never before been to such a well developed, well organized, full impact, and life propelling event!”

Another woman wrote, *“I loved every minute of our power-packed sessions and came away with so much strength and a renewed spirit. It was encouraging to hear our speakers tell their stories and share how they survived—and still survive—such tough challenges.”*

And me?

It was simply one of the finest professional experiences I’ve ever had.

For a list of recommended books from attendees at this 18th Annual OILD, OILD 2010, and an audio recording of Mildred and Jane recounting the history of AAWCC, see <http://aawccoregon.org/oild/>.



Nominate a Leader

The mission of the Oregon Chapter of the American Association for Women in Community Colleges is to inspire, champion, and celebrate the talents within each of us.

To recognize and celebrate this mission, the AAWCCOregon Board of Directors is accepting nominations for the prestigious **2009 Carolyn DesJardins Leadership Award**. This award will be given to someone who has demonstrated outstanding leadership and made a significant contribution to community colleges.

The recipient does not have to be an AAWCC member. Criteria for receiving the award will include demonstrated ability to inspire, champion, or celebrate women as leaders.

Nominations are now being accepted. Please see the Web site at www.aawccoregon.org and click on awards. Nominations should be sent by November 1 to Karin Magnuson at Karin.magnuson@linnbenton.edu.

Previous winners are Cherie Mass-Anderson, Julie Huckestein, Carol Schaafsma, Nan Poppe, Gretchen Schuette, Shirley Anderson, Terri Johanson, Brenda Brecke, Carolyn DesJardins, Nikki Harrington, Alice Jacobson, Marcia Keith, Rebecca Kenney, Dan Moriarty, Mary Spilde, and Stephanie Sussman.



Donate auction items to fund scholarships

Once again we will be holding a silent auction to help raise money for scholarships during our fall conference. These

scholarships help women who otherwise could not afford to attend AAWCC conferences and awarded wonderful helping women attend glass art or pottery? Do



help women who otherwise could not afford to attend AAWCC conferences and awarded wonderful helping women attend glass art or pottery? Do



to buy great books, share them with friend or maybe you prefer putting together wine and cheese baskets? All of the items above and many more are examples of items that have been donated by AAWCC members and auctioned off to raise \$\$ for scholarships.



If you have an item or service you would like to donate please bring the item to the conference registration desk, and we will do the rest.

On behalf of the women who will benefit from your contribution, we thank you in advance.

2009 Summer Conference by Mary Kramer



The scenic Columbia Gorge offered another beautiful day for the AAWCC-Oregon Summer Conference.

More than 50 participants enjoyed a day of presentations focused on staying well and productive.

Ann Kramer, author of Life Puzzle, presented her framework for creating and managing your own life puzzle.

Carola Stepper and Maureen Sprague shared their expertise on Acupuncture and Reiki.

A popular session followed lunch where the audience was encouraged to participate with the demonstration of chair exercises that could be done at your desk.

The event was organized by an outstanding team from Columbia Gorge Community College. Conference feedback reflected another successful conference. Mark your calendars for July 22, 2010 for the next AAWCC Summer Conference to be held in Central Oregon.



Chemeketa Community College

By Maureen McGlynn

The spring and summer months have been outstanding ones for Chemeketa's AAWCC women!

KAY CARNEGIE, associate dean for Health Services, received the 2009 Honorary Nursing Education Award from the Oregon Nurses Association at the annual convention in Portland. The award honors a nurse educator that has made a significant impact/contribution in the promotion of high standards of nursing education and is recognized by peers as a role model, inspiration for excellence in the educational process.

DEBBIE BATES and **TANIA KLEINSCHMIT**, department technicians in Emergency Services, did an outstanding job hosting the Oregon Fire Service Office Administrator's spring workshop.

The **PHARMACY TECHNICIAN** program was granted accreditation for six years by the American Society of Health System Pharmacists (ASHP) Commission on Credentialing. Thanks to **CHERYL BUCKHOLZ**, **KAY CARNEGIE**, and **LORENE VOLLMAR** for preparing the report and hosting the visiting team.

LYNN MELOW, administrative assistant to the CFO, was selected as the Outstanding Graduating Woman by the American Association of University Women (AAUW). The award honors a woman whose life experiences demonstrate civic, community, college and family activities related to the AAUW mission as well as academic excellence.

LINDA HERRERA and **LINDSAY MESSOLINE** from the HEP Program presented a session on best practices to meet objectives in the Government Performance Results Act (GPRA) at the national Migrant Conference in San Antonio, Texas. The College placed in the top ten programs for both the HEP and CAMP programs in the nation.

LAURA MACK, art instructor, exhibited her works on paper in an art exhibit entitled "Somewhere" at the Mary Lou Zeek Gallery in Salem.

JANE ELLIS, nursing faculty, received the 2009 Distinguished Member Award from the Oregon Health Information Management Association.

KELLIE SCHELLENBERG, distance education supervisor, completed the Blue Lake Triathlon in June.

We were deeply saddened to hear that **GWEN VANDENBOSCH**, board member emeritus, passed away. Gwen served faithfully on the Chemeketa Board of Education for 21 years. She was also a founding member of the Friends of Chemeketa which became the Chemeketa Foundation and served on it until 2008. Gwen will be remembered for her civic pride and dedication to the Dallas community, her commitment to education and students, and her wonderful sense of humor. A real role model for all of us!

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The American Association of Women in Community Colleges has had a very busy and productive year here at LBCC.

We started off the year in early October participating in the All Campus Picnic where we began our yearly membership drive. Numbers remain steady, but there's always room for more members!

By Valerie Zegler

Survey results from Spring of 2008 showed people wanted more educational workshops, service projects, and social networking opportunities.....so Ann Custer, our program person took this info into consideration when planning our monthly general meeting.

Our general meetings/lunch hour presentations were quite varied and well attended.

We had presentations on Time Management and Life Balance by our own Karin Magnuson and Ann Custer. Joanne Apter gave a presentation on her experiences with teaching Turning Point to the women in Ghana, Africa. In December, we tried something different and met for an off-campus social at Wyatt's Eatery in downtown Albany. January brought a presentation on a timely topic about personal fitness from LBCC's Jamie Frazier. February was heart health month.....In March, we held our annual International Working Women's Day Tea where Sharon Konopa spoke about her journey to becoming Albany's first mayor with entertainment provided by James Reddan and his talented choir. And finally, in April, we had a presentation called "Juggling Life"!

Our fund-raising efforts included co-sponsorship with LBCC's Classified Association and Student Life and Leadership of the Thanksgiving Food Drive in November. 108 LBCC student and staff families were provided a food box with all the yummy fixings for a delicious Thanksgiving meal! We held our annual Bunko Night in October to raise money for this Food Drive. Since the silent auction is so labor intensive, we decided to try a different approach this year to raise money for scholarships. We are planning a Basket Auction to be held during the Annual All Campus Picnic held in October. Speaking of scholarships, we were able to provide well-deserving students with an extra summer scholarship of \$300.00 in addition to the 3 \$500.00 scholarships that we normally provide. We also are awarding 2 "special" \$1000.00 scholarships for this year and next during Winter and Spring Terms. That's pretty cool! AAWCC went "global" this year and pledged to support a woman in Africa, "Grace", with 10% of the money we raise for scholarships. We had a "Relay for Life" team this year with 7 members held June 19 and 20.

We provided a Winter Retreat for the first time this past March as well as our 5th annual Fall Retreat in September at the Oregon House on the coast near Yachats.

Komen Race for the Cure 2009



Every year AAWCC Oregon walks in the Portland Race for the Cure. Please join us this year!

Planning for the Race

When? Sunday, September 20, 2009

How do I sign up? Sign up online as an individual participant at the [Komen Race for the Cure Oregon website](#). Our event is the 5K Walk.

At the Race

Where do we all meet? AAWCC members meet at the World Trade Center at 121 SW Salmon (between 1st and 2nd Ave) 8:30 - 9:00 AM, Group Photo at 8:45 (come earlier if you'd like to check out the booths and pick up lots of great free stuff including food)

Who do I contact for more information? Dorothy Badri, Tammy Dowd, Jan Woodcock, or Cherie Maas-Anderson (503-977-4266)



After the Race

Breakfast with new and old AAWCC friends will follow the walk.

National AAWCC Update

Submitted By Dawn DeWolf, Region X Director

AAWCC + Professional Development = Leadership

AAWCC is committed to equity and excellence in education and employment for women in community colleges. One of the ways it demonstrates its commitment is to support and promote professional development for women at all levels of leadership. We are very fortunate in Oregon to have a variety of local campus and state AAWCC professional development activities available to us. In addition to Oregon's efforts, there are exciting opportunities at the national level.

After a year of transition, and research and development of leadership skills curriculum needed by contemporary women, the "LEADERS Program" also known as the National Institute for Leadership Development (NILD) leaves Phoenix College at the Maricopa Community College District and will be supported by the Community College of Baltimore County. The LEADERS Program is for administrative and faculty women who want to explore and expand their leadership skills. The program focuses on crystallizing the participant's identity, fine-tuning skills, identifying leadership and community college issues, and developing personal confidence. The newly revised LEADERS curriculum is based on AACC Competencies for Community College Leaders. The LEADERS program also contains the important components of a pragmatic project pertinent to the institution and the creation of a long-lasting relationship with a mentor.

The next "LEADERS Program" will be held in Baltimore Maryland June 7-June 11, 2010. For more information and to apply for a scholarship visit the AAWCC national website at www.aawccnatl.org.

Watch for additional information about other national professional development programs including Kaleidoscope, a forum for minority women, the CEO Issues Forum, and other professional development webinars in development that will be supported by AAWCC. These and other workshops and activities can be accessed through the AAWCC national website at www.aawccnatl.org.

If you have ideas for professional development topics that you think would be of national interest, please let me know by contacting me at dewolf@lanec.edu or give me a call at 541-463-5515.

When you visit the national website you will also notice that there is a new feature for a Speaker's Bureau. The purpose of this function is to assist you to find a speaker or perhaps if you are a presenter and would like a way to let AAWCC members know your availability you can register at the site. Inclusion in the Speakers Bureau is a free benefit for National AAWCC Members. Non members will pay a \$150 fee to be listed for 12 months.

Closer to home- don't forget to mark your calendar now to attend the Oregon AAWCC Chapter Conference November 19-20 in Portland.

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2009 New Board Mem- bers

Holly Nelson, VP of Fall Con- ference



Holly Nelson has worked at Chemeketa Community College for 9 years. She began her career after graduating from a community college in Idaho, College of Southern Idaho, then Western Oregon University with a BA in Health and Biology, and a MA in Education. Holly has taught health education for both Chemeketa and WOU since receiving her Master's degree in face to face, hybrid, and distance education formats. In 2003, she was hired to work in Chemeketa's Short Term Training Department where she helped develop and coordinate training programs. She then worked on the Career Pathways team. Holly's latest opportunity at the college has been a site coordinator for a new outreach center in McMinnville that is focused on Healthcare and career and technical education. She also is a member of the college's wellness committee for staff and faculty to help provide health related education and events pertaining to personal health. In 2005, Holly received Chemeketa's scholarship to attend the Oregon Institute for Leadership Development, and also had the opportunity to attend the National Institute for Leadership Development this past June in Phoenix, Arizona. She has valued the many friends and relationships she has gained by being part of AAWCC and looks forward to the opportunities this organization will continue to provide in the future!

Mary Kramer, VP of Summer Conference

Mary Kramer started at Columbia Gorge Community College in February 2008 and serves as their Career and Technical Education Director. She holds a Master's in Education from Oregon State University and a Bachelor's in Family and Consumer Studies. While new to community colleges, Mary has over 20 years experience in the K-12 education system where she worked for an Education Service District, primarily with high school teachers and administrators. Mary sees her involvement with AAWCC as a great way to network and learn more about the community college system, while at the same time supporting and promoting professional development for women. In her free time, Mary enjoys yoga, gardening, hiking, and baking.



Karen Sorensen, Web Developer

Karen is a web developer at Portland Commu-
do more. "There's so much intelligence, laughter
She's pleased to be a part of this organization. In
school, enjoys training and playing with her dog,



nity College. AAWCC inspires her to be and
and support at the local and state events."
her spare time, she is going to graduate
and plays a mean game of ping pong.